



Rear Admiral Sean P. Regan
District Commander
Fourteenth Coast Guard District
United States Coast Guard



Rear Admiral Sean P. Regan assumed command of the United States Coast Guard District 14 in June 2024. As the District 14 Commander, he is responsible for all Coast Guard operations in the central Pacific, western Pacific, and Oceania regions. Previously, he was the Director of Training, Exercise, and Wargaming for the North American Aerospace Command (NORAD) and USNORTHCOM and the Deputy Director of Operations at United States Northern Command (USNORTHCOM).



RADM Regan is a fellow of the Council on Foreign Relations and served as Chief of Staff, Coast Guard Atlantic Area overseeing five subordinate District Commands, and 49 operational Coast Guard units. He also served as the Chief of Operations for Atlantic Area from 2016 to 2019 coordinating operational and policy support for two-thirds of all Coast Guard efforts world-wide.

As a 1992 graduate of the Massachusetts Maritime Academy, he served in various Coast Guard operational assignments related to marine safety in major seaports. In 2002, he served as Executive Officer of the Coast Guard's first East Coast anti-terrorism team. In 2004, he commanded the Maritime Safety and Security Team, New Orleans where, during Hurricane Katrina's massive urban search and rescue effort, he led over 400 security and search and rescue forces.

In 2006, he earned a Master of Arts in Military Science from the U.S. Marine Corps Command and Staff College. In 2007, he managed Maritime Homeland Security policy in the Coast Guard's Office of Counterterrorism and Defense Operations as a Commander.

From 2009 to 2011, he served on the President's National Security Staff as Director, Maritime Security Policy and Director, Arctic Region Policy advising on piracy, Arctic oil drilling, mass migration, the Fukushima nuclear release, and maritime security policy.

In 2011, he earned a Master of Arts in National Security and Strategic Studies from the U.S. Naval War College. From 2012 through 2014, he served as Deputy Sector Commander, Sector Southeast New England leading more than 150 Coast Guard members and six patrol boats across nearly every Coast Guard mission. At Sector, he furthered regional port security, search and rescue, ship inspections, and joint agency coordination efforts.

In 2014, he commanded of the Maritime Security Response Team (MSRT), the Coast Guard's east coast maritime law enforcement counter-terrorism unit supporting National Security Special Events and Caribbean and U.S. Central Command, Bahrain deployments.

RADM Regan's awards include two Defense Superior Service Medals, two Legion of Merits, five Meritorious Service Medals, the Coast Guard Commendation Medal, and two Coast Guard Achievement Medals.